

Akkermansia 100 Pro

Maintain *Akkermansia muciniphila*, a keystone strain for gut health



Improves
gut health*



Strengthens
gut lining*



Reduced gut
permeability*

*Based on in vitro studies

FUN FACT

Akkermansia thrives on mucin—as the strain consumes mucin, the epithelial cells release a metabolite which promotes mucin layer growth, strengthening your gut lining.



Pendulum Pro: Exclusively for healthcare providers

- Premium desiccant-lined packaging ensuring maximum viability
- Two-year shelf life
- Dosing options for tailored patient protocols
- Not available in retail channels

Want to boost the benefits of Pendulum Akkermansia 100 Pro?

- 1 Take once daily with food
- 2 Increase your intake of fiber-filled foods including whole grains, nuts, seeds, fruits, and vegetables
- 3 Build healthy eating habits by balancing food groups (carbohydrates, proteins, and fats), limiting intake of added sugars, and eating fewer simple carbohydrates such as bread and pasta
- 4 Boost your microbiome with antioxidants, fermented foods, prebiotics, and polyphenols (Polyphenol Booster is a good source)
- 5 Prioritize movement—research shows that 20 minutes of moderate exercise a day reduces your risk of metabolic disease

FREQUENTLY ASKED QUESTIONS

How long until I feel the results?

It usually takes around 90 days to see changes in the microbiome. However, results vary based on your personal microbiome and health history.

How do I store Pendulum Akkermansia Pro?

Refrigerate for optimal quality.

How long should I take Pendulum Akkermansia Pro?

Akkermansia is a transient strain, meaning that if it isn't continually introduced into your microbiome, it will eventually disappear. The effects of Akkermansia only last while you are taking the product.

Can I take Pendulum Akkermansia Pro with other medications?

While we haven't tested Pendulum Akkermansia Pro with every medication and supplement, there are no contraindications. We recommend seeking the guidance of your healthcare provider.

What if I miss a dose?

Not to worry. Simply take your next dose at your next meal.

Is Pendulum Akkermansia Pro allergen-free?

Pendulum products do not contain any of the 9 major allergens nor does the manufacturing process create allergens; therefore, we are confident that our products are allergen free. Products are produced in a facility that manufactures milk, egg, fish, shellfish, tree nuts, peanuts, wheat, sesame, and soybean-containing products.